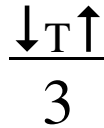


## Triplets



A triplet jams three beats into one beat. To do this on the bodhran we use the upper end of the tipper. Here's how it works.

- Hit one down stroke
- Follow through, in the extreme so that the bottom of the tipper not only points at the floor but begins to point UP from the floor. The movement is easier if your wrist is curved and the tipper is positioned closer to the head.
  - This motion will force the top end of the tipper to strike the head.
  - DO NOT tilt the drum in an attempt to assist the top end strike.

Master this movement to produce TWO distinct sounds. The T symbol indicates that the top of the tipper is striking the drum. This strike is NOT a separate movement. It is a follow through of the down stroke.



Once you have this single motion strike that produces two sounds, add the third strike.

The third strike is simply another down stroke.



This pattern is the triplet. It may help you to get the rhythm if you say aloud the word "triplet". In three distinct syllables: Tri-pl-et.

This symbol combination explains the components of a triplet performed on the bodhran.

